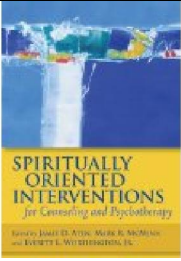


| Spiritually Oriented Interventions for Counseling and Psychotherapy | | | | | |
|--|-----------------------|---|---------------|-----------------|------------|
|  <p>Place Hold Add to my list Print / Email</p> | | <p>Contributors McMinn, Mark Aten, Jamie D. Worthington, Everett L., 1946-</p> <p>Edition 1st edition</p> <p>Physical Description x, 368 p. ; 26 cm.</p> <p>Publisher Washington, DC : American Psychological Association, c2011.</p> <p>Notes Includes bibliographical references and index.</p> <p>Subjects Psychotherapy – Religious aspects Counseling – Religious aspects Spirituality – Psychology</p> <p>ISBN 9781433809460 143380946X 9781433809477 (electronic) 1433809478 (electronic)</p> | | | |
| | | <p>Summary "Spirituality and religion influence the way many clients interpret their life experiences. Recognizing this reality, Spiritually Oriented Interventions for Counseling and Psychotherapy offers mental health professionals an in-depth look at how to integrate both Western and Eastern spiritually oriented interventions into clinical practice. Through a series of carefully selected interventions, the book examines in detail how each can be utilized in an ethically and culturally sensitive manner with a diverse spectrum of clients who wish to address sacred themes in therapy. Each chapter presents practical strategies and clinical examples of how to successfully implement spiritually oriented interventions into treatment. Relevant theories and research findings are also included. This book will be a valuable tool for equipping mental health professionals to work with spiritually and religiously diverse clients." -- Publisher description.</p> | | | |
| <p>Contents</p> | | <p>Foundations and context -- Meaning making and spiritually oriented interventions / Jeanne M. Slattery & Crystal L. Park -- Value clarification / Saba Rasheed Ali, Allison Allmon, & Courtney Cornick -- Ethical guidelines for using spiritually oriented interventions / William Hathaway -- Addressing problematic spirituality in therapy / Thomas G. Plante -- Seeking the sacred : the assessment of spirituality in the therapy process / Nichole A. Murray-Swank & Kenneth I. Pargamenta -- Clinical techniques and applications -- Prayer / Donald F. Walker & Gary W. Moon -- Promoting forgiveness as a religious or spiritual intervention / Everett L. Worthington, Jr., Don E. Davis, Joshua N. Hook, Andrea J. Miller, Aubrey L. Gartner, & David J. Jennings, II -- Spirituality and meditation / Jean Kristeller -- Mindfulness / Lorne Ladner -- Prescribing yoga to supplement and support psychotherapy / Vincent G. Valente & Antonio Marotta -- Integrating sacred writings in therapy / Stephen W. Cook, Lance S. Dixon, & Mary A. Fukuyama -- Spiritual journaling / Marsha I. Wiggins -- Training issues and future directions -- An experiential approach for exploring spirituality / Lisa Miller -- Spiritually oriented interventions : future direction in training and research / Mark R. McMinn, Everett L. Worthington, Jr., & Jamie D. Aten.</p> | | | |
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